

Raven K. Gipson-Washington, M.A.

Doctoral Student

University of North Texas, Department of Psychology, Counseling Psychology Program

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EDUCATION

Doctor of Philosophy in Counseling Psychology, University of North Texas, *Anticipated Graduation 2029*
Concentration: Culture, Identity, and Wellbeing

Master of Arts in Clinical Psychology, Texas A&M University-Corpus Christi, 2024

Phi Kappa Phi Honor Society

Concentration: Thesis - A mental health literacy intervention to improve psychological help-seeking attitudes and intentions in African Americans.

Bachelor of Arts in Psychology, Arizona State University, 2019

Psi Chi International Honor Society

Associate of Arts in Business, Skagit Valley College-Whidbey Island, 2013

Phi Theta Kappa International Honor Society

HONORS, AWARDS, SCHOLARSHIPS & GRANTS

Texas Leadership Research Scholar Doctoral Award (\$56,100)

Texas Higher Education Coordinating Board – 2025-2028

The Texas Leadership Research Scholars Program is a state-funded research scholarship and leadership opportunity program for high-achieving graduate students with financial need.

Graduate Tuition Grant - Graduate (\$3,000)

University of North Texas – 2025-2026

Toulouse Graduate School Academic Achievement Scholarship (\$1,000)

University of North Texas – 2025-2026

Departmental Match for CLASS Summer 2025 Graduate Student Support Grant (\$200)

Department of Psychology, University of North Texas – 2025

CLASS Summer 2025 Graduate Student Support Grant (\$400)

College of Liberal Arts and Social Sciences, University of North Texas – 2025

Summer Texas Public Education Grant Graduate (\$2,000)

University of North Texas – 2025

Graduate Tuition Grant - Graduate (\$3,000)

University of North Texas – 2024-2025

Toulouse Graduate School Academic Achievement Scholarship (\$1,000)
University of North Texas – 2024-2025

Outstanding Master’s Student Award (\$1,000)

Texas A&M University-Corpus Christi – 2024

Recognizes graduate students whose academic achievements and current research display a high level of excellence and distinction. This award distinguishes students of exceptional ability who show promise for significant future achievement.

1st Place Winner of 3-Minute Thesis Competition (\$1,000)

Texas A&M University-Corpus Christi – 2024

A research communication competition where graduate students present their thesis (or dissertation) research in just three minutes, using only one slide, to a non-specialist audience

RESEARCH EXPERIENCE

September 2024 – Current

Lab Member, Black Women’s Wellness (BWell) Lab
Department of Psychology, University of North Texas
principal Investigator: Martinique K. Jones, Ph.D.

August 2024 – May 2025

Graduate Research Assistant, Black Women’s Wellness (BWell) Lab
National Science Foundation Grant-Funded
Department of Psychology, University of North Texas
principal Investigator: Martinique K. Jones, Ph.D.

August 2024 – May 2025

Graduate Research Assistant, Grief, Loss, and Trauma (GLT) Lab
Department of Psychology, University of North Texas
principal Investigator: NaYeon Yang, Ph.D.

September 2024 – January 2025

Research Assistant
University of Michigan
Principal Investigator: Isis Settles, Ph.D.

September 2022 – November 2022

Student Research Assistant
Texas A&M University-Corpus Christi
Amy E. Houlihan, Ph.D.

- Assisted program administration in constructing a proposal to present to executive administration for the development of a Bachelor of Social Work program at Texas A&M University-Corpus Christi

June 2022 – August 2022

Graduate Research Assistant
Texas A&M University-Corpus Christi
principal Investigator: Susan L. Longley, Ph.D.

CLINICAL EXPERIENCE

August 2024 - Current

Practicum Student-Clinician

University of North Texas Psychology Clinic

- Participate in weekly practicum team meetings and observe and engage with upper year case presentations
- Case consultation with an upper year student
- Write a case conceptualization paper based on consultation
- Engage in foundational clinical training through observation, discussion, and applied conceptual work

June 2024 - Current

Owner & Mental Health and Wellness Coach

Raven K. Gipson-Washington, MA

- Goal-directed, strengths-based mental health and wellness coaching, implementing cognitive-behavioral and acceptance and commitment based approaches

January 2023 – May 2024

Practicum Student-Clinician

Kathryn W. Soward, Ph.D.

- Conducted psychotherapy
- Administered psychological assessments
- Wrote psychological reports
- Created treatment plans tailored to each individual client, couple, or family
- Maintained progress notes after each psychotherapeutic session
- Maintained and protected client mental health records
- Conducted classroom observations in early childhood development centers to identify behavior management issues in children
- Conducted consultations with early childhood education teachers concerning behavior management techniques and self-care outside the classroom
- Assisted in conducting evaluations concerning defendants' competency to stand trial to support legal proceedings
- Wrote psychological reports adhering to the judicial standards for determining competency

May 2019 – November 2019

Child Life Assistant

Driscoll Children's Hospital

- Provided age-appropriate play opportunities to children and adolescents from birth to age 18 and beyond
- Provided customized play opportunities for ICU patients with severe disabilities
- Spent quality time with patients who were paralyzed, comatose, or severely disabled
- Brainstormed and created safe play opportunities for groups of pediatric patients
- Provided healthy distractions to parents of patients via crossword puzzles, coloring books, etc.
- Worked in accordance with HIPPA rules and regulations
- Documented patient encounters including patient affect and any significant observations
- Organized and maintained stock in Child Life supply closet and playroom cabinets
- Maintained all in-patient hospital playrooms and game rooms

August 2018 – March 2019

Certified Medical Scribe Specialist

Proscribe

- Worked as both a family medicine scribe and an emergency medicine scribe completed patients' electronic medical record using both eClinicalWorks and MEDITECH through real-time documentation
- Made phone calls to external specialists, primary care physicians, laboratory and imaging departments, etc., to schedule consultations and to admit emergency department patients to the hospital; admitted, discharged, and transferred patients from the emergency department
- Worked in accordance with HIPAA rules and regulations
- Obtained Certified Medical Scribe Specialist certification

TEACHING EXPERIENCE

January 2026 – Current

Graduate Teaching Assistant

University of North Texas

- PSYC 1650 – Biological Psychology
- PSYC 3100 – Social Psychology

August 2025 – December 2025

Graduate Teaching Fellow

University of North Texas

- PSYC 3317 – Quantitative Methods Lab

Graduate Teaching Assistant

University of North Texas

- PSYC 1650 – Biological Psychology

August 2024 – December 2024

Graduate Teaching Assistant

University of North Texas

- PSYC 4030 – Multicultural Psychology

August 2023 – May 2024

Graduate Teaching Assistant

- Texas A&M University-Corpus Christi
- PSYC 5343 – Intellectual Assessment
- PSYC 5344 – Personality Assessment
- PSYC 5311 – Research Methods and Statistics I
- PSYC 5312 – Research Methods and Statistics II

SERVICE & LEADERSHIP

Founder

October 2025 – Current

Black Women's Wellness Club,

A community-based mental health and wellness initiative for Black women, nurturing mind, body, spirit, and community.

Research Chair (Elected)

October 2025 – Current

Association of Black Psychologists' Student Circle

Program Student Representative (Elected)

August 2025 - Current

University of North Texas – Ph.D. in Counseling Psychology Program

Action Coordinator (Elected)

August 2025 - Current

University of North Texas' Psychology Department – Psychology Advocates for Social Change

Texas State Representative

March 2025 - Current

American Psychological Association: Division 17 – Society of Counseling Psychology, Student Affiliates

President (Elected)

January 2025 – Current

University of North Texas' Student Circle Chapter of the Association of Black Psychologists

CERTIFICATIONS & TRAININGS

April 2025

Sawubona Healing Circle Facilitator, Association of Black Psychologists

August 2024

QPR Gatekeeper, University of North Texas, QPR Institute

March 2024

Deliberate Practice in Multicultural Therapy, APA Publishing Books Webinars

November 2022

Socratic Dialogue: A 4-Stage Model of Discovery, Strong Star Training Initiative

June 2022

Integrated Behavioral Healthcare: What it is, How it Can be Implemented, and Why This Matters, Texas A&M University-Corpus Christi, Department of Counseling and Educational Psychology

August 2019

Certified Medical Scribe Specialist

July 2017

Foundations of Positive Psychology Specialization, Coursera

MANUSCRIPTS IN PREPARATION

3. Jones, M., Settles, I., Buchanan, N. T., & **Gipson-Washington, R. K.** (2025). *NSF ADVANCE Project*. Manuscript in Preparation.
2. Jones, M. & **Gipson-Washington, R. K.** (2025). *Culture, Coping, and Mental Health Outcomes Among Strong Black Women*. Manuscript in preparation.
1. **Gipson-Washington, R. K.** & Houlihan, A. E. (2024). *A mental health literacy intervention to improve psychological help-seeking attitudes and intentions in African Americans*. Manuscript in preparation.

PEER-REVIEWED PRESENTATIONS

9. **Gipson-Washington, R.** & Jones, Martinique K. (2025, August 7–9). *Development of the Black Mental Health*

Education Program-Anxiety and Depression (BMHE-AD): A Culturally Grounded Mental Health Literacy Intervention for African Americans. Poster accepted for presentation at The American Psychological Association 2025 Convention, Denver, Colorado.

8. **Gipson-Washington, R.** & Jones, Martinique K. (2025, July 30 – August 2). *The Black Mental Health Education Program-Anxiety and Depression: A Pilot Study of a Mental Health Literacy Intervention for African Americans*. Poster accepted for presentation at The Association of Black Psychologists 2025 Convention, Daytona Beach, Florida.
7. Yang, N., **Gipson-Washington, R.**, Moussa Pasha, L., Hwang, H., & Stowe, M. (2025, April 2–5). *Culture in grief research: A 25-year systematic review and content analysis*. [Poster session]. Association for Death Education and Counseling 2025 Annual Conference, Albuquerque, New Mexico.
6. **Gipson-Washington, R. K.** & Houlihan, A. H. (2024, July). *A mental health literacy intervention to improve psychological help-seeking attitudes and intentions in African Americans* [Poster session]. The Association of Black Psychologists 2024 Convention, Phoenix, Arizona.
5. **Gipson-Washington, R. K.** & Houlihan, A. H. (2024, March). *A Mental Health Literacy Intervention to Improve Psychological Help-Seeking Attitudes and Intentions in African Americans* [Poster session]. The Southwestern Psychological Association 2024 Convention, San Antonio, Texas.
4. **Gipson-Washington, R. K.** & Houlihan, A. H. (2024, February). *A Mental Health Literacy Intervention to Improve Psychological Help-Seeking Attitudes and Intentions in African Americans* [Poster session]. The Society for Personality and Social Psychology 2024 Annual Convention, San Diego, California.
3. Longley, S., Martinez, D., **Gipson-Washington, R. K.**, Free, B., & Beck, J. G. (2023, November). *Current Status and Future Directions: University Programs to Prevent Intimate Partner Violence (IPV) Using Bystander Awareness* [Poster session]. The Association for Behavioral and Cognitive Therapies 2023 Annual Convention, Seattle, Washington.
2. **Gipson-Washington, R. K.** & Houlihan, A. H. (2023, April). *A Mental Health Literacy Intervention to Improve Psychological Treatment-Seeking Attitudes and Intentions in African Americans* [Poster session]. Symposium for Student Innovation, Research, and Creative Activities, Corpus Christi, Texas.
1. Comparini, L., Benkowski, H., & **Gipson-Washington, R. K.** (2023, March). *College Students' Emerging Awareness of Privilege* [Poster session]. Southwest Psychological Association 2023 Convention, Frisco, Texas.

INVITED LECTURES, PANELS, AND SPEAKING ENGAGEMENTS

3. **Gipson-Washington, R. K.** (2025, September). *Mental Health and Wellbeing in Black College Students*, Invited Speaker, Denton, Texas.
3. **Gipson-Washington, R. K.**, Tomlinson, S., & Comeaux, N. (2023, September). *Conversation Between Cohorts*, Invited Panelist, Corpus Christi, Texas.
2. **Gipson-Washington, R. K.** (2022, November). *A Mental Health Literacy Intervention to Improve Psychological Treatment-Seeking Attitudes and Intentions in African Americans*, Invited Lecturer for Final-Year Graduate Clinical Psychology Students, Corpus Christi, TX.

1. **Gipson-Washington, R. K.**, Gipson, H., & Bennet, B. (2022, September). *Conversation Between Cohorts*, Invited Panelist, Virtual, Corpus Christi, Texas.

INFORMATION TECHNOLOGY EXPERIENCE

- Titanium
- Simple Practice
- eClinicalWorks
- MEDITECH
- Microsoft Office Suite
- G Suite
- Statistical Package for Social Sciences (SPSS)
- RStudio
- R
- SQL
- Tableau